

EVENT SCHEDULE

2009 Healdsburg Wine Country Half Marathon

Thursday October 29

5:00pm to 8:00pm - Early packet pickup option at Sports Basement. Must be registered!
(610 W. Mason St. in the Presidio, San Francisco)

5:00pm to 7:30pm - Wine & cheese reception at Sports Basement

Friday October 30

10:00am to 7:00pm **RACE EXPO** at Vintners Inn. Packet Pickup, exhibits, seminars, wine tasting, products sampling. Exhibitor booths close at 6:00pm

11:30am to 4:00pm **Wine Country Half Marathon Course and Winery Tour.**
Presented by California Wine Tours. Visit three of our favorite wineries along the course. Bus pickup at Expo.

12:00pm to 12:45pm **Seminar** > Insiders guide to running the Healdsburg Wine Country Half presented by race director Matt Dockstader and Janet Cain.

1:00pm to 1:45pm **Seminar** > Heart & Sole presents "How to find the right running shoe for your foot and running style".

2:30pm to 3:15pm **Seminar** > Steve Born from Hammer Nutrition presents, "15 Simple Ways to Improve Your Athletic Performance Now"

3:00pm to 6:00pm Expo wine tasting sponsored by Ferrari-Carano

6:45pm - 8:30pm Race Dinner at John & Co. restaurant at Vintners Inn

Saturday October 31

5:30am to 6:45am Bus transportation to start area from various locations

7:15am RACE START at Francis Ford Coppola Winery

9:30am to Noon Wine & Music Festival in Warm Springs Recreation Area featuring live band, wine tasting, exhibitors, food, face painting, costume contest.

10:30am to 11:15am Awards Ceremony

10:00am to 12:00pm Bus transportation from finish area to various locations

Noon to 2:30pm Kids Carnival and Pumpkin Run at Francis Ford Coppola Winery

4:00pm to 6:00pm Finishers party at Simi Winery in Healdsburg